



## MARCH 2024 EVENT & PROGRAM CALENDAR

Auburn Senior Community Center | 48 Pettengill Park Road  
 Register online at [secure.rec1.com/ME/auburn-me/catalog](https://secure.rec1.com/ME/auburn-me/catalog)  
 or call the Auburn Rec Department at 333-6611



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
■ = Auburn Recreation Program (Renee & Jody) ♦ = City of Auburn Age-Friendly Committee Event ⌘ = 1 <sup>st</sup> Auburn Senior Citizens Meeting ϕ = New Auburn Seniors Meeting ◆ = Robin Dow Meeting					1 ■ Drop-In Day 9-12 ■ Chapel at Bates College 12:15pm	2
3	4 *VOTING SET UP* ϕ = New Auburn Seniors Meeting done by 2pm	5 *VOTING* ■ Mr. Drew and His Animals, too Tour 12:45pm	6 ⌘ = 1 <sup>st</sup> Auburn Senior Citizens Meeting	7 ■ Crafting & Lunch 10:30am ■ Chair Yoga ■ Adult Craft Night	8 ■ Drop-In Day 9-12 ■ Tech Talk	9
10 Daylight Savings – Spring Forward ■ Peter and the Starcatcher 12:45pm	11 ϕ = New Auburn Seniors Meeting ■ Yoga with Emma	12 ■ Intro to Collage 10am ■ Yoga For Balance ♦ Age-Friendly Committee Meeting	13 ◆ = Robin Dow Meeting ■ Oxford Casino Shuttle Trip 9:00am	14 ■ Chair Yoga ■ Adult Craft Night ■ Scherenschnitte – Paper Cutting Art 1:00	15 ■ Drop-In Day 9-12 ■ Sunshine Club Meeting – 10:00 am	16
17 ♦ Age-Friendly Committee Saint Patrick's Day Lunch	18 ϕ = New Auburn Seniors Meeting ■ Yoga with Emma	19 ♦ Age-Friendly Movie 1pm ■ Yoga For Balance	20 ⌘ = 1 <sup>st</sup> Auburn Senior Citizens Meeting	21 ■ Portland Museum of Art Shuttle 9:30am ■ Chair Yoga ■ Sea Glass Soap 3:00 ■ Adult Craft Night	22 ■ Drop-In Day 9-12 ■ Book Club 10am ■ China Village 11:30am	23
24/31 31 <sup>st</sup> – Easter Sunday	25 ϕ = New Auburn Seniors Meeting ■ Barnhouse Grill and Sweetz & More in Wiscasset 10:30am ■ Yoga with Emma	26 ■ Intro to Collage on Objects 10am ■ L/A Mystery Lunch 11:30am ■ Yoga For Balance	27 ◆ = Robin Dow Meeting	28 ■ Coffee Talk 8am ■ Spring EGGstravaganza! 10am ■ Chair Yoga ■ Adult Craft Night	29 ■ Drop-In Day 9-12 ■ Card Crafting 10am	30

Date	Time	Cost	Description
<b>Friday, March 1</b>	9:00 AM – 12:00 PM	<b>Free</b> \$1 non-residents	<b>Drop-in Day</b> - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We may even play lawn games in the park during the fall if the weather is nice!
<b>Friday, March 1</b>	12:15 PM – 2:15 PM	<b>\$2</b>	<b>The Peter J. Gomes Chapel Tour at Bates College in Lewiston-</b> Though it was built in 1913, the Peter J. Gomes Chapel remains to this day one of the most architecturally interesting buildings on campus. Financed by Mrs. D. Willis James and dedicated on the eve of World War I, the Gomes Chapel's design came from the Boston firm of Coolidge and Carlson, but the inspiration for its Gothic construction came from the King's College Chapel at Cambridge University, which was built in the fifteenth century by Henry VI. The structure is English Collegiate Gothic in style, and the seam-faced Quincy granite used in its construction gives the building its distinctive light coloring. Two aspects of the exterior are particularly interesting: the porch entrance based on the Galilee Porch of a cathedral in Durham, England, and the Tudor arches, which add to the basic Gothic style of the rest of the building. Join us as we take a behind the scenes tour of this magnificent chapel. From the stained-glass windows and more we will be given a special tour. There is not a set length for this tour, but I would plan to be there roughly an hour to an hour and a half. <b>Pre-registration is required. Min: 6 /Max: 14</b>
<b>Monday, March 4</b>	9:00 AM – 3:00 PM	<b>\$10.00 annual dues</b>	<b>New Auburn Seniors Meeting</b> - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. <b>Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).</b>
<b>Tuesday, March 5</b>	12:30 PM – 3:30 PM	<b>\$12</b> \$14 non-residents	<b>Mr. Drew and His Animals, too Tour in Lewiston-</b> Mr. Drew and His Animals Too is a natural science and exotic animal rescue and rehabilitation center in Lewiston, Maine. They provide a hands-on approach to learning about science and animals. There are over 200 animals and 2 walk-in tortoise pens where you can feed and interact with the tortoises. <b>Pre-registration is required. Minimum 6/Maximum 14.</b>
<b>Wednesday, March 6</b>	9:00 AM – 3:00 PM	<b>\$10.00 annual dues</b>	<b>1st Auburn Meeting/Bingo.</b> Doors open at 9:00 AM. Regular meeting at 11:00, with raffle table, hot dogs, and bingo. <b>Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).</b>
<b>Thursday, March 7</b>	10:30 AM – 1:00 PM	<b>\$5</b> \$7 non-residents	<b>Thursday Craft and Lunch Series</b> - Join us at the Auburn Senior Community Center on Thursday mornings to work on a supplied craft. These will be simple crafts, anyone can do! At about noon we will break for a soup lunch (there will be a choice between two). What better way to have some fun during the cold winter months. <b>Pre-registration is required. Maximum 12 for each session.</b>
<b>Thursday, March 7</b>	1:30 PM – 2:30 PM	<b>\$10.00 drop-in fee</b>	<b>Chair Yoga</b> - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$10.00: <b>Minimum 4</b>
<b>Thursday, March 7</b>	5:30 PM – 8:00 PM	<b>Free</b> \$10 non-residents	<b>Thursday Adult Craft Night</b> - The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 <b>Pre-registration required.</b>
<b>Friday, March 8</b>	9:00 AM – 12:00 PM	<b>Free</b> \$1 non-residents	<b>Drop-in Day</b> - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We may even play lawn games in the park during the fall if the weather is nice!
<b>Friday, March 8</b>	10:00 AM – 11:00 PM	<b>Free</b>	<b>Tech Talk Friday</b> – Have a technology question? A device you want to know more about? If so, this program is for you! Once a month, come chat with Donna, Adult Services Manager at the Auburn Public Library. <b>Pre-registration helpful.</b>
<b>Sunday, March 10</b>	12:45 PM – 5:30 PM	<b>\$20</b> \$25 non-residents	<b>Peter and the Starcatcher at Cumston Hall in Monmouth</b> - Monmouth Community Players presents “Peter and the Starcatcher” by Rick Elice at historic Cumston Hall. Based on the novel by Dave Barry and Ridley Pearson, Peter and the Starcatcher explores how a young orphan ultimately became Peter Pan. <i>Peter and the Starcatcher</i> upends the century-old story of how a miserable orphan comes to be The Boy Who Would Not Grow Up (a.k.a. Peter Pan). A wildly theatrical adaptation of Dave Barry and Ridley Pearson’s best-selling novels, the play was conceived for the stage by directors, Roger Rees and Alex Timbers, and written by Rick Elice, with music by

			Wayne Barker. From marauding pirates and jungle tyrants to unwilling comrades and unlikely heroes, Peter and the Starcatcher playfully explores the depths of greed and despair... and the bonds of friendship, duty and love. <i>Show time is 2pm (doors open 1/2 hour before).</i> <b>Pre-registration is required. Minimum 6/Max 14. No refund unless your spot can be filled.</b>
<b>Monday, March 11</b>	9:00 AM – 3:00 PM	<b>\$10.00 annual dues</b>	<b>New Auburn Seniors Meeting</b> - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. <b>Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).</b>
<b>Monday, March 11</b>	6:00 PM – 7:00 PM	<b>\$10</b> \$12 non-residents	<b>Yoga with Emma</b> - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
<b>Tuesday, March 12</b>	4:00 PM – 5:00 PM	<b>\$10.00 drop-in fee</b>	<b>Yoga For Seniors: Balance</b> - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. <b>Minimum 4/Maximum 15.</b>
<b>Tuesday, March 12</b>	10:00 AM – 11:30 PM	<b>Free</b>	<b>Mixed Media Art Series Session #1 – Collage</b> – Join Karolyn Greenstreet as she teaches participants introductory collage techniques. Projects will be done on a flat surface. Magazines and materials will be provided but feel free to bring your favorites as well! <b>Pre-registration is required. Minimum 6/Maximum 15</b>
<b>Tuesday, March 12</b>	5:30 PM – 6:30 PM	N/A	<b>Age-Friendly Community Committee Meeting</b> - All welcome to attend
<b>Wednesday, March 13</b>	9:00 AM – 3:00 PM	<b>\$10.00 annual dues</b>	<b>Robin Dow Seniors</b> - Doors open at 9:00am with Directors meeting at 10:30, and bingo. <b>Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).</b>
<b>Wednesday, March 13</b>	9:00 AM - 3:00 PM	<b>\$3</b> \$5 non-residents	<b>Oxford Casino Shuttle</b> - Are you feeling lucky? Every Wednesday is Senior Day for guests 50+. Visit a promotional kiosk, get a FREE virtual entry and cookie voucher. Drawings are hourly from 10:00 am to 1:00pm. <b>Pre-registration is required. Minimum 6/Maximum 14.</b>
<b>Thursday, March 14</b>	1:00 PM – 3:00 PM	<b>Free</b>	<b>Try Scherenschnitte! A Paper Cutting Craft</b> - "Scherenschnitte" is a German word meaning "scissor cuts." In this crafting session, you will choose and cut out a design which has been traced or printed on paper. Our cutting tools include an X-acto knife and a piece of glass. You will then glue your design to the background of your choice. These make wonderful cards or framed wall art. All necessary materials and instruction will be provided. <b>Pre-registration is required. Minimum 6/Maximum 12</b>
<b>Thursday, March 14</b>	1:30 PM – 2:30 PM	<b>\$10.00 drop-in fee</b>	<b>Chair Yoga</b> - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$10.00: <b>Minimum 4</b>
<b>Thursday, March 14</b>	5:30 PM – 8:00 PM	<b>Free</b> \$10 non-residents	<b>Thursday Adult Craft Night</b> - The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 <b>Pre-registration required.</b>
<b>Friday, March 15</b>	9:00 AM – 12:00 PM	<b>Free</b> \$1 non-residents	<b>Drop-in Day</b> - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We may even play lawn games in the park during the fall if the weather is nice!
<b>Friday, March 15</b>	10:00 AM – 11:00 AM	<b>Free</b>	<b>Sunshine Club</b> – Would you like to be part of a group that works to bring cheer to community assisted living homes? We will meet to discuss ideas and projects that the group can work on together and then deliver to neighboring retirement homes. <b>Pre-registration required. Minimum 6/Maximum 12</b>
<b>Sunday, March 17</b>	10:00 AM – 2:00 PM	<b>Free – all ages</b>	<b>Age-Friendly Committee Saint Patrick's Day Lunch</b> – This program is open to all ages. <b>Pre-registration required.</b>

<b>Monday, March 18</b>	9:00 AM – 3:00 PM	<b>\$10.00 annual dues</b>	<b>New Auburn Seniors Meeting</b> - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. <b>Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).</b>
<b>Monday, March 18</b>	6:00 PM – 7:00 PM	<b>\$10</b> \$12 non-residents	<b>Yoga with Emma</b> - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
<b>Tuesday, March 19</b>	1:00 PM – 3:00 PM	<b>Free</b>	<b>Age-Friendly Movie. Pre-registration is helpful. Free popcorn!</b> Book superstore magnate Joe Fox and independent book shop owner Kathleen Kelly fall in love over the internet, both blissfully unaware that he's trying to put her out of business.
<b>Tuesday, March 19</b>	4:00 PM – 5:00 PM	<b>\$10.00 drop-in fee</b>	<b>Yoga For Seniors: Balance</b> - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. <b>Minimum 4/Maximum 15.</b>
<b>Wednesday, March 20</b>	9:00 AM – 3:00 PM	<b>\$10.00 annual dues</b>	<b>1st Auburn Meeting/Bingo.</b> Doors open at 9:00 AM. Regular meeting at 11:00, with raffle table, hot dogs, and bingo. <b>Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).</b>
<b>Thursday, March 21</b>	9:30 PM – 2:00 PM	<b>\$3</b> \$5 non-residents	<b>Portland Museum of Art Shuttle</b> -The Portland Museum of Art, or PMA, is the largest and oldest public art institution in Maine. Founded as the Portland Society of Art in 1882. It is located in the downtown area known as The Arts District in Portland, Maine. Once we arrive you are free to explore the three floors on your own. You will have plenty of time to explore, grab a bite in the café or peruse the store. We will meet back up at 1:00 PM to head back to Auburn. <b>Pre-registration is required. Minimum 6/Maximum 14.</b>
<b>Thursday, March 21</b>	1:30 PM – 2:30 PM	<b>\$10.00 drop-in fee</b>	<b>Chair Yoga</b> - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$10.00: <b>Minimum 4</b>
<b>Thursday, March 21</b>	3:00 PM – 4:30 PM	<b>\$4</b> \$6 non-residents	<b>Sea Glass Soap Making Workshop</b> – This is an onsite workshop here at the senior center. Participants will work together to make colorful jars of Sea glass glycerin soap. All necessary materials will be provided. <b>Pre-registration is required. Maximum 8.</b>
<b>Thursday, March 21</b>	5:30 PM – 8:00 PM	<b>Free</b> \$10 non-residents	<b>Thursday Adult Craft Night</b> - The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 <b>Pre-registration required.</b>
<b>Friday, March 22</b>	9:00 AM – 12:00 PM	<b>Free</b> \$1 non-residents	<b>Drop-in Day</b> - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We may even play lawn games in the park during the fall if the weather is nice!
<b>Friday, March 22</b>	10:00 AM – 11:00 AM	<b>Free</b>	<b>The Auburn Senior Community Center, in partnership with the Auburn Public Library,</b> is pleased to be able to continue their reading and discussion group. This group will meet monthly at the ASCC. Questions? Contact Renee at the Auburn Senior Community Center or Donna at the Auburn Public Library -- 207-333-6640, ext. 4, or via email at <a href="mailto:dwallace@auburnpubliclibrary.org">dwallace@auburnpubliclibrary.org</a> . <b>Maximum 12 (can accommodate more for discussion days if people share their books before the next meet up).</b>
<b>Friday, March 22</b>	11:30 AM – 2:30 PM	<b>\$2</b> \$4 non-residents	<b>China Village Lunch Trip</b> - Some of the best food around! Let's for a fun lunch. <b>Pre-registration is required. Minimum 6/Maximum 14.</b>
<b>Monday, March 25</b>	9:00 AM – 3:00 PM	<b>\$10.00 annual dues</b>	<b>New Auburn Seniors Meeting</b> - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. <b>Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).</b>
<b>Monday, March 25</b>	10:30 AM – 4:00 PM	<b>\$4</b> \$6 non-residents	<b>Barnhouse Grill and Sweetz &amp; More in Wiscasset</b> - We are going to head for lunch BEFORE dessert! Tuesday is Senior's Day, 10% off! After lunch we will head down the road to Sweetz & More. With 8,100 square feet of pure sweetness, Sweetz & More is New England's largest, sweet shop. The store also offers candies from around the world



			including spicy candy from Mexico, chocolates from Europe, gummies from Germany, and sweet confections from Japan. You will have plenty of time to take it all in and shop. <b>Pre-registration is required. Minimum 6/Maximum 14.</b>
<b>Monday, March 25</b>	6:00 PM – 7:00 PM	<b>\$10</b> \$12 non- residents	<b>Yoga with Emma</b> - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
<b>Tuesday, March 26</b>	10:00 AM – 11:30 AM	<b>Free</b>	<b>Mixed Media Art Series Session #2 – Collage on objects</b> - Join Karolyn Greenstreet as she teaches class participants introductory “collage on objects” techniques. Bring an object from home that you’d like to collage on. We will have a few vases, wooden boxes and other thrifted things but bringing something you own will add to the options. Magazines will be provided but bring your favorites as well. <b>Pre-registration is required. Minimum 6/Maximum 15</b>
<b>Tuesday, March 26</b>	11:30 AM – 2:30 PM	<b>\$2</b> \$4 non- residents	<b>L/A Mystery Lunch Shuttle for March</b> - We will be keeping it local for these winter months! Let lunch be a surprise! Sure, you may have been there before, but have you been with us!? Sign up for the social aspect and for the thrill of not knowing where the bus will take you. Trips return by 3:00pm. <b>Pre-registration required. Minimum 6/Max 14.</b>
<b>Tuesday, March 26</b>	4:00 PM – 5:00 PM	<b>\$10.00</b> <b>drop-in fee</b>	<b>Yoga For Seniors: Balance</b> - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. <b>Minimum 4/Maximum 15.</b>
<b>Wednesday, March 27</b>	9:00 AM – 3:00 PM	<b>\$10.00</b> <b>annual dues</b>	<b>Robin Dow Seniors</b> - Doors open at 9:00am with Directors meeting at 10:30, and bingo. <b>Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).</b>
<b>Thursday, March 28</b>	8:00 AM – 9:30 AM	<b>FREE</b>	<b>Coffee Talk with AARP</b> – Come in and join us for coffee and a guest speaker. A light breakfast of pastries, snacks and coffee/tea will be provided. Guest speaker, David Foster (local realtor) will join the group to discuss topics related to making choices about your home during retirement. What a nice way to start your day! <b>Pre-registration required. Maximum 20.</b>
<b>Thursday, March 28</b>	10:00 AM – 1:00 PM	<b>FREE</b>	<b>Spring EGGstravaganza! here at the ASCC</b> - Spring EGGstravaganza! here at the ASCC Doors open at 10am; hunt at 10:30am (egg hunt in Ingersoll) Who said kids get to have all the fun? Join Jody and Renee for a spring egg hunt. Candy and prize filled eggs galore. This will be an OUTSIDE event so please dress appropriately and come ready for fun. Doors will open at 10:00am. Egg hunt starts at 10:30am. <b>NO LOOKING FOR EGGS BEFORE THEN.</b> Coffee, tea, and light snacks will be provided. <b>Pre-registration is required.</b>
<b>Thursday, March 28</b>	1:30 PM – 2:30 PM	<b>\$10.00</b> <b>drop-in fee</b>	<b>Chair Yoga</b> - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$10.00: <b>Minimum 4</b>
<b>Thursday, March 28</b>	5:30 PM – 8:00 PM	<b>Free</b> \$10 non- residents	<b>Thursday Adult Craft Night</b> - The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 <b>Pre-registration required.</b>
<b>Friday, March 29</b>	9:00 AM – 12:00 PM	<b>Free</b> \$1 non- residents	<b>Drop-in Day</b> - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We may even play lawn games in the park during the fall if the weather is nice!
<b>Friday, March 29</b>	10:00 am – 11:00 am	<b>Free</b>	<b>Card Crafting with Corinne and Renee - March 2024</b> - This is an onsite (Auburn Senior Community Center) Hand-made card making workshop. All materials will be provided by the Senior Center. This activity is being offered as Free to All with the idea that you will make a card for yourself, and you will also make one to give to Corinne for her Meals-On-Wheels volunteer work. It is a “Take-One, Leave One” program. If you do have your own card-making supplies, please feel free to bring them along. This class is hands-on with all participants cutting their own materials and creating their own cards. <b>Pre-registration is required. Minimum 6/Maximum 15</b>